

Hollyns

HEALTH & WELLBEING

Welcome to the latest issue of Hollyns Health & Wellbeing Newsletter! In this quarter we discuss: Our Covid and Flu vaccination program, practice statistics during COVID, Medical Students and extended access making more appointments available, Hale and Social Prescribers, Local taxis & bus routes and the latest Practice News.

We are based in two locations and have two sites, one in Clayton and one in Allerton. The practice is contracted to provide primary care services under a Personal Medical Services agreement. We are a member of Bradford Districts CCG.

As we are a training practice, we may have registrar doctors in post. We also teach medical students throughout the year.



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GP Availability

Dr. A. Raw (female) works: Monday all day, Tuesday morning, Wednesday afternoon and Thursday all day

Dr. A Suleman (male) works: Monday afternoon (pain clinic), Tuesday all day, Thursday afternoon and Friday all day

Dr. C. Temperley (female) works: All day Monday, Tuesday and Thursday

Dr. J. Doore (female) works: All day Monday, Wednesday, Thursday and Friday

Dr. S. Marris (female) works: All day Wednesday, Thursday and Friday

Dr R . Hussain (female) works: All day Wednesday & Thursday and Friday morning

Dr M . Mahmood (male) works: All day Monday & Tuesday morning

Dr. B. Manzoor (male) works: Monday all day, Wednesday afternoon, all day Thursday and Friday

ANP/ACP Availability

Louise Lewis (Advanced Nurse Practitioner) (female) works: all day Tuesday, Wednesday and Thursday

Jayne Hunneybell (Advanced Clinical Practitioner) works: Monday & Tuesday all day, Wednesday and Thursday mornings.

Helen Clarke (Advanced Clinical Practitioner) works: All day Monday & Tuesday, Wednesday & Thursday mornings.

We have a Practice Nurse team who are available Monday to Friday.

PRACTICE STATISTICS DURING COVID-19

Here is a small insight into what we have been doing during the pandemic to care & support our patients through what has been a very challenging year. We will continue to share these statistics with you on a monthly basis via our practice website.

Between December 2020– October 2021 8635 of our patients have received their 1st COVID vaccination & 7966 have received their 2nd dose.

We started administering the Covid boosters in carehome's, housebound patients, and eligible patients in October. 2850 have now received their boosters.



FLU & COVID VACCINATIONS – WHO IS ELIGIBLE?

The flu vaccine is given free on the NHS to people who:

- are 50 and over (including those who'll be 50 by 31 March 2022), live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)
- all children aged 2 & 3 (born between 01/09/17 & 31/08/19)
- those aged 6 months to under 65 years in a clinical risk group
- those aged 65 years and over
- Carers
- pregnant women
- those who reside in long stay residential homes
- those who are seriously overweight.



All children at primary school and year 7 to year 11 secondary school children will be vaccinated at school, unless they have a long term condition where they will be invited into the surgery.



A coronavirus (COVID-19) booster vaccine dose helps improve the protection you have from your first 2 doses of the vaccine. It helps give you longer-term protection against getting seriously ill from COVID-19.

Booster vaccine doses will be available on the NHS for all adults (18+) starting with people most at risk from COVID-19 who have had a 2nd dose of a vaccine at least 3 months ago.

The government and the NHS are urging younger people to wait until they are called forward by the NHS . With the more vulnerable continuing to be prioritised for their booster, to top up their immunity to the virus as soon as possible. Younger age groups will be invited by the NHS in due course in order of age.

If you have not yet had either of your 2 doses of the covid 19 vaccine you should have them as soon as possible. You will still need the booster but the timing of it will depend on when you had your first two doses.

Some people may be eligible for both the flu and the COVID-19 booster vaccines. If you are offered both vaccines, it's safe to have them at the same time.

Patients who are eligible for the flu vaccination and are over 18 years of age will be contacted by The Ridge Medical Practice. Hollyns will contact all patients under 18 years of age & housebound patients. Patients who are eligible for the COVID booster will also be contacted by the Ridge to arrange an appointment for you. Hollyns will again contact housebound patients to arrange a date for the Nursing team to visit. If you would like to arrange your flu and/or COVID appointment with The Ridge you can telephone them on 01274 425675.

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EXTENDED ACCESS SERVICE

As GP practice is under ever increasing demand and clinical staffing shortages, we have managed to increase the allocation of GP remote booking appointments. These are available Monday to Friday 18:30–21:30 and also available on weekends. Medical appointments are with GPs and other healthcare staff who work in the area; so your appointment may not be with a clinician from this practice. To use the service please contact the surgery via phone. We will ask for your consent to share your medical record, a Patient Service Administrator will explain what this means and why it is necessary.

MEDICAL STUDENTS IN THE PRACTICE



As you are aware we are a training practice and assisting the NHS in the training of the next generation of Doctors. Currently we have some medical students with us. You may be offered an appointment with a medical student who's consultation will be overseen by one of our clinical team. This will be made clear by a Patient Service Administrator at the time of booking the appointment.

HALE Social Prescribers

Hale have a new member to the team Sarah Deane. Sarah comes with a wealth of engaging with communities supporting individuals and groups in accessing community activities, helping them deal with low confidence, low mood and social isolation. Sarah has experience of working with adults with learning difficulties refugee families and adults with mental health problems and is experienced in using a person centred approach when engaging with people. Hale also offer a befriending service to older isolated people living in the Clayton, Frizinghall, Allerton, Toller, Heaton, Wrose and Manningham areas. For other support, Hale social Prescribers work with GP's in many of these areas. To find make a referral/refer yourself or join as a volunteer, please contact the appropriate Befriending Co-ordinator see below for information.

CLAYTON, FRIZINGHALL, ALLERTON, TOLLER, HEATON, WROSE or MANNINGHAM

Lesley Danson - Referrals
Senta Romero—Volunteers

HALE
1 Westgate
ShIPLEY
BD18 3QX

Tel: 01274 271088
Lesley : 07443 338678
Senta: 07773 588136

Email: lesley@haleproject.org.uk
senta@haleproject.org.uk

Website: www.haleproject.org.uk



Health Action Local Engagement
Healthy Living Project

Social Prescribing

Do you suffer with any of the following?

Weight Management

New to the area



Low Confidence, Anxiety or Low Mood

Social Isolation

Benefits / Debt Advice

Bereavement

Drug and Alcohol Problems

Coping with Pregnancy and Young Children

Housing Adaptations



**Access into services
/Activities**

Please speak to reception who can refer you to a social prescriber who can then support you to find services and support locally.

For more information, speak to reception



Charity No. 1123542 Company No. 6443243

LOCAL TAXI NUMBERS CLOSE TO CLAYTON/ALLERTON SITES

Allerton: Ace Budget Cars 01274 481818, A & M Thornton A B C Taxis 01274 881100 & Allerton Cosy Cars 01274 545555 Clayton: 24/7 Cars 01274 247247, Bank Top Taxi 01274 501100 & Great Horton Taxi 01274 521672

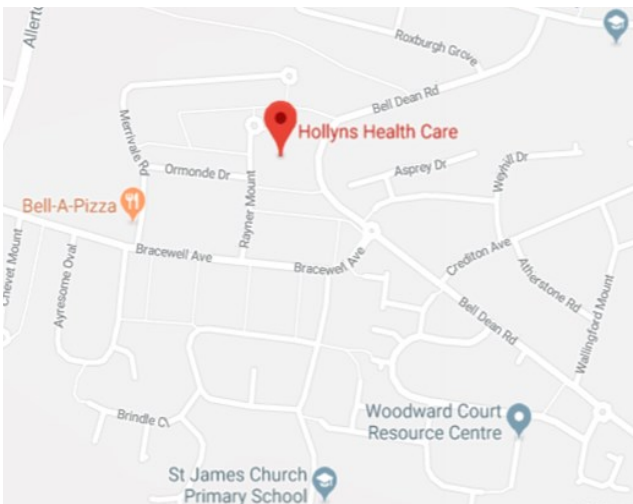
BUS ROUTES TO CLAYTON OR ALLERTON

Bus routes from Bradford Broadway stop H14 from Bradford to Clayton 637 Bus routes from Bradford Interchange Stand D + Stand F from Bradford to Allerton 617/618 & Stand C Bradford to Allerton 615 Please check for bus times as these may change www.firstgroup.com

MAP OF OUR LOCATIONS

Allerton

Clayton



PRACTICE NEWS

We would like to welcome Sarah-Jo (Practice Nurse) Anna and Meghan (PSA's) to the team.



Louise Lewis has now joined the Partnership.

Congratulations to Jessica who has started her ACP Apprenticeship.

A Big shout out to the following members of staff for long service :- Kathy 30 years, Shaz 29 years, Jo 20 years, Andrea and Sharon 10 years .

Job Vacancies - We are currently looking to recruit two Patients Services Administrator's and an Advanced Clinical Practitioner for more information and how to apply for these roles, please see Below :-

NHS Jobs Website :- PSA ref:- J180-A0323-21-7635

ACP ref:- J180-A0323-21-5576

Patient Group: Both the Allerton and Clayton sites at Hollyns Health and Wellbeing have a Patient Group; the groups consist of patients, Doctors and members of the practice management team and we meet frequently through the year. Our aim is to contribute to the continuous improvement of services and to provide feedback about our patient's concerns. Details for the next Patient Group meeting is yet to be confirmed, please check for updates on the Practice's website.

If you are interested in becoming a member of the Group or would like to attend the meetings, then please leave your name and contact details with a member of the Patient Administration team.

A copy of all of the Group's minutes are available on the Practice's website.

Did you know that you can order repeat prescriptions online?

Register for SystmOnline with the Reception Team and then log on via
www.hollynshealth.co.uk

Due to COVID online appointments are currently unavailable.



Attending your appointment!

Between 1st August 2021 and 31st October 2021 Hollyns Health & Wellbeing - Clayton had 256 Did Not Attend appointments. That's 77 hours worth of wasted appointments.

Hollyns Health & Wellbeing - Allerton had 228 Did Not Attend appointments. That's 65 hours worth of wasted appointments.

To cancel an appointment you can do this by texting your name, DOB & appointment details to 07596 506843 Please note this mobile number is for cancelling appointments only. Any other requests will not be dealt with.



We want your views! We are keen to hear feedback about the services we provide. Please log on to

www.hollynshealth.co.uk

Use the Contact Us button in the waiting area to email us your comments.

SMS Text Messaging: if we have your mobile number we will send you text messages to confirm your appointment, remind you of your appointment or notify you of test results. You can "opt out" of these texts at any time. Please inform reception if you do not wish to receive them.

Please remember to inform us if you change your mobile number!